

全球遥感消灾祈福 提升身心灵魂境界
A Supplication for Remotely Eliminating Calamity & Elevating the Physical, Mental,
Emotional, and Spiritual State of the World

大愛能量同修公告
Announcing the Co-Cultivation of Greater Love Energy

一、【全球同修缘起和原理】

I. The Origin & Theory of Global Co-Cultivation



Grandmaster Yuanming Zhang
conducting Bigu Fasting and
Naked Heavenly Bathing

2/2-3/22/2000
雪山辟谷 天浴祈福
张元明大宗师

西藏圣山万年传承长生久视密法
20世纪公开传授第一代掌门大宗师、
东方医学博士生导师张元明，每年冬天带弟子前往
超过海拔4000米13120英尺藏区雪山，
闭关修行辟谷裸体炼丹，以火龙真人显化，遥感祈福。
The first grandmaster to reveal the ten thousand year
old secret of immortality from the holy mountain of
Tibet in the 20th century. Oriental Medicine Doctoral
Supervisor Yuanming Zhang takes his disciples
every winter to the snowy mountains of Tibet,
4,000 m/13,120 ft high, to do alchemical training
through Bigu fasting and Naked Heavenly Bathing,
showing the efficacy of Fire Dragon Spiritual Master training.

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为了化解人类自我毁灭的危机，帮助有缘人战胜病毒，祈福世界更美好，2020年2月29日，联合国总部名家论坛主席、西藏圣山万年传承长生久视密法20世纪公开传授第一代掌门大宗师、蜀山黄帝隐仙派古典道医养药医圣心法、皇家心易风水学第150代掌门大宗师，武当山全真龙门派拳剑金丹医道第17代掌门大宗师道号张教宗，少林寺元禅武医第31代大宗师法名释德明，美国执业针灸东方传统医学医师续照必修学分课程《黄帝内经天罡炁针疗法临床绝技》创立人、宇宙能量灵性书画影视音乐心易五行八卦疗癒法创立人、中国中医药事业奠基人吕炳奎亲传弟子、亲聘教授、黄帝隐仙派医圣心法150代掌门大宗师、美国公民张元明，在美国太平洋海岸Laguna Beach海天能量场，启动了《宇宙大愛能量消灾祈福 全球遥感提升身心灵魂炁场密码应用教育》，作了如下开示：

In order to dissolve humanity's self-destructive crisis, help interconnected individuals defeat illness, and beseech the blessings of a more beautiful world, Grandmaster Yuanming Zhang, American citizen and chairman of the United Nations Masters Colloquium; the first grandmaster to reveal the ten thousand year old secret of immortality from the holy mountain of Tibet in the 20th century; 150th Generation Lineage Foremost Leader of the heart and mind techniques of ancient Daoist medicine, wellness, and pharmacology of the Yellow Emperor's Concealed Transcendent Lineage of Shushan; 150th Generation Lineage Leader of the Imperial Family Heart Transformation Feng Shui Lineage; the 17th Generation Lineage Foremost Leader of the Mt. Wudang Dragon Gate Lineage of Internal Kungfu & Sword Technique and the Way of Alchemy (Dao name Zhang Jiaozong); the 31st Generation Lineage Holder of the Shaolin Temple's Zen, Martial Arts and Pharmacology (Zen name Shi Deming); founder of the U.S. NCCAOM TCM continuing education certification course, "The Yellow Emperor's Inner Canon on Celestial Dipper Clinical Qi Acupuncture Techniques," creator of healing music, videos, and art techniques for cultivating universal energy derived from the Eight Trigrams (Bagua), the Five Phases (Wu Xing), and Heart Transformation (Xin Yi), hand-picked disciple of Lü Bingkui, the founder of modern Chinese medicine, honorary professor, and 150th generation successor and lineage holder in the Yellow Emperor's Esoteric Transcendent Lineage (Yinxian pai) of Sacred Healing Techniques for the Heart-Mind, initiated the "Teaching of Secret Applications of the Universal Energy of Greater Love to Remotely Eliminate Calamity, Beseech Blessings, and to Elevate Physical, Mental, Emotional, and Spiritual States Throughout the World" on the shores of the Pacific Ocean in Laguna Beach on February 29th, 2020. He offers the following instruction:

1、每个人身体内都住有一位神医。张元明为有缘人激发人体自愈潜力，亲传《自身神医心经-元神感应内景图说》。

1. Everyone possesses a source of divine healing within their own body. Grandmaster Zhang activated the latent self-healing potential of the body of those assembled and personally transmitted the "Explanation of the *Classic of the Body's Innate Divine Mental and Emotional Healing* and the Diagram on the Resonance and Response of Primal Spirit in the Inner Landscape."

2、《玉皇心印妙经》云：“上药三品，神与氣精”，张元明宗师绘制的黄帝隐仙派《内经图》点化了精氣神人之三宝修炼密法。

2. The *Marvelous Classic on the Jade Emperor's Heart & Mind Seal* states: "There are three grades of superior medicine, spirit (*Shen*), vitality (*Qi*), and refined essence (*Jing*). The *Diagram on the Inner Landscape* drafted by Grandmaster Zhang's Yellow Emperor's Esoteric Transcendent Lineage reveals the esoteric techniques for cultivating and refining these three treasures of humanity – spirit (*Shen*), vitality (*Qi*), and refined essence (*Jing*).

3、《黄帝医圣心法-美颜长寿养生密法》，遥感消灾祈福，提升灵魂境界。

3. The Yellow Emperor's Sacred Techniques for Healing the Heart-Mind & Esoteric Techniques for Beautifying Complexion, Extending Longevity, and Nurturing Life were taught to remotely eliminate calamity, beseech blessings, and to elevate physical, mental, emotional, and spiritual states.

4、现代科学认为，宇宙中最高能量是声波和光。张元明宗师传授人体小宇宙与自然大宇宙声光感应，消灾祈福心法，为有缘人传递灵魂引力波与宇宙引力波同频感应的灵性密码，强化生命能量炁场。

4. Modern science holds that the highest forms of universal energy are sound and lightwaves. Grandmaster Zhang imparted the heart & mind techniques for eliminating calamity and beseeching blessings, along with the resonance and response of sound and light waves from the universe and nature within the microcosm of the human body. He also transmitted the spiritual secrets of spiritual gravitational waves and cosmic gravitational waves to the participants.

5、张元明传授黄帝内经龙珠神光感应消灾祈福心法，祈愿同修家人吉祥如意，心想事成。

5. Grandmaster Zhang imparted the Dragon Pearl and Divine Light Heart-Mind Technique for Resonance and Response to eliminate calamity and beseech blessings from the *Yellow Emperor's Inner Canon*. He also besought the prosperity and success of his co-cultivators.

6、人天感应，扶正祛邪，全球同修消灾防病毒，福化人心，增强生命活力，正当时。

6. He taught the resonance and response between humanity and the heavens, how to work together to promote upright Qi and overcome deviant Qi, to eliminate calamity and prevent disease and illness; how to transform the heart and mind of humanity to become a blessing, to strengthen and increase energy and vigor in life, and how to seize the opportunities and seasons of life.



1988年3月5日，张元明正式出山，传授宇宙能量万人同修会布炁遥感心法，在全中国巡回讲学，3年时间，举行了超过100场的万人遥感同修会。张元明著的《秘传武当青城真功图说》和《中国元明气功-天罡神功》两本书，发行量超过8万本，参加学习和接受遥感能量的受益人超过1亿人次。

On March 5th, 1988, Yuanming Zhang formally “came out of the mountains” to impart the Heart-Mind technique for transmitting universal energy through gathering and co-cultivation to replenish the Qi of the masses. He traveled throughout China teaching for three years, holding over a hundred events with tens of thousands of participants practicing remote co-cultivation. The two books he authored, *Expounding the Diagram of Authentic Kung Fu from the Esoteric Traditions of Wudang and Qingcheng* and *China’s Original Light Qigong: Spirit Qigong from the Celestial Dipper*, sold over 800,000 copies and over one hundred million people benefitted from attending his events, learning his techniques, and receiving energy remotely.

1989年5月28日，张元明在上海科学会堂对超过1000人进行布炁，千里以外的西安市西北大学科学家进行遥感实验，发表了《张元明气功遥控实验对物质结构的影响》的论文。

On May 28th, 1989 Master Zhang helped over a thousand people replenish their Qi at the Shanghai Science Hall by blanketing the hall with his own Qi. Simultaneously, scientists more than a thousand miles away at Northwestern University in the city of Xi’an conducted a scientific experiment measuring the remote transmission of his Qi. Their results were published in the study, “A Remote Experiment on the Influence of Original Light Qigong on Structural Phenomena.”

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1992年9月9日，张元明在纽约联合国总部讲学创立名家论坛、担任联合国气功协会顾问、

设立宇宙大爱能量全球同修联合国总部能量炁场，受益人遍布190多个国家。

On September 9th, 1992, Master Zhang spoke at the Master's Colloquium at United Nations Headquarters, consulted for the United Nations Qigong Society, and established a Qi-space for the Global Greater Love Universal Energy Co-Cultivation event benefiting participants from over 190 countries.



Grandmaster Yuanming Zhang and Master/Shifu Robert Gott conducting a lineage succession ceremony in the sacred mountains of Tibet October 2018



二、【遥感祈福全球同修感应方法】

II. Methods of Remote Blessing Supplication Resonance & Response Co-Cultivation

1、张元明大宗师为全球同修家人，用视频、语音传授点化方法。

1. Grandmaster Zhang teaches the methods of transformation through video and audio recordings to the Global Co-Cultivators.

2、应用大爱能量种子灵性密码，炁化能量水，服用时间：

每天，当地时间：每次服用能量水，内观，静养3-5分钟。

2. Utilizing the Spiritual Secrets of Seeds of Greater Love, Imbuing Energy Water with Qi, & Drinking Time: Every day, local time. Every time you drink energy water, do an internal visualization, serenity, and nurture practice for 3-5 minutes. Master Zhang recommends doing the energy water meditation at the following times each day. As often as you can.

(1)、早晨，5-7点。

[1] Morning, 5-6am

(2)、中午，11am-1pm点。

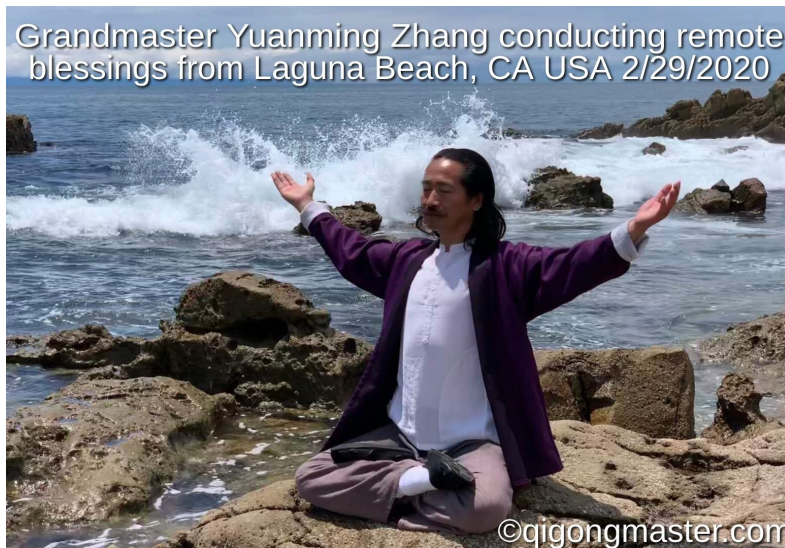
[2] Afternoon, 11am-1pm

(3)、下午，5-7点。

[3] Evening, 5-7pm

三、【全球总主持大宗师张元明学术简介】

III. Global Director Grandmaster Yuanming Zhang's Academic Background



美国公民张元明，儒释道武医五圣心法大宗师，蜀山黄帝隐仙派古典道医养药医圣心法、皇家心易风水学第150代掌门大宗师，西藏圣山万年传承长生久视密法20世纪公开传授第一代掌门大宗师、东方医学博士生导师，

Yuanming Zhang, American citizen. Grandmaster of the five sacred Heart-Mind Cultivations techniques of Confucian, Buddhist, Daoist, Medical, and Martial Arts cultures.

150th generation Grandmaster and foremost leader of the Shushan Yellow Emperor's Concealed Transcendent Lineage's ancient Daoist Medicine, Wellness, and Pharmacology and Heart-Mind Cultivation as well as the Imperial Heart Transformation (Xinyi) Feng Shui Method.

The first grandmaster to reveal the ten thousand year old secret of immortality from the holy mountain of Tibet in the 20th century.

Oriental Medical Doctoral Supervisor.

20世纪在联合国总部讲学显化的5000年东方医养绝学文化基因活化石第一奇人，

54年隐仙修行，海拔4000多米藏族雪域圣山和地球北极万年冰川闭关辟谷裸体天浴炼丹祈福唯一传奇真人，

The first extraordinary person who lectured at the United Nations headquarters in the 20th century as a living fossil manifestation of the near-extinct 5000-year-old Oriental medical culture.

The only living spiritual master with 54-years of concealed transcendent (immortal) cultivation in seclusion at an altitude of more than 4000 meters in the sacred Tibetan Xueyu mountains and also the Earth's Arctic 10,000-year-old glacial valley retreat, to do alchemical training through naked heavenly bathing, Bigu fasting, and conduct blessings on the world.

38年临床治病、教学经验，美国执业针灸中医师执照必修学分课程创始人、教授，
38 years of clinical treatment and teaching experience. He is a professor of acupuncture and offers original continuing education unit courses in the United States for the California Acupuncture Board and NCCAOM.

大汉帝师张良心法传承人，东汉张仲景医圣心法掌门大宗师，中华人民共和国第一任卫生部中医司司长、新中国中医事业奠基人吕炳奎亲笔签名认证的中医博士、亲传门生、医圣心法亲传掌门大宗师，

Grandmaster and foremost lineage holder of the heart-mind cultivation techniques of Zhang Liang, an imperial tutor to the Emperor of the Han Dynasty. Also the leading lineage holder of the techniques of eminent physician Zhang Zhongjing of the Eastern Han Dynasty.

Grandmaster Yuanming Zhang received a Chinese Medicine Doctorate personally certified by Lü Bingkui. He is also Lü Bingkui's direct disciple who received complete transmission of sacred healing techniques for Heart-Mind cultivation. Lü Bingkui is the first director of the Department of Traditional Chinese Medicine of the Ministry of Health of the People's Republic of China and the founder of New China's Traditional Chinese Medicine industry.

武当山全真龙门派拳剑金丹医道第17代掌门大宗师道号张教宗，

The 17th generation Grandmaster of Mt. Wudang Quanzhen Dragon Gate Lineage's Fist & Sword, Way of Alchemy and Daoist Medicine. His Dao name is Zhang Jiaozong.

少林寺元禅武医第31代大宗师法名释德明、美国万福圣山禅修五宗开山宗长法名果明妙元，

The 31st generation Grandmaster of the Shaolin Temple's Zen, Martial Arts and Medicine. His Zen name is Shi Deming.

Founder and lineage master of the five traditions of Zen Practice at the Holy Mount Wanfu in the United States. His Zen name is Guoming Miaoyuan.

1963年，张元明出生于古蜀国鱼凫王圣地，幼承庭训、修炼行祖传大汉隐仙张良帝师心法，从3岁起每天子夜金丹医道太极禅修从未间断，常入西藏圣山、蜀山闭关修行，遇火龙真人得火龙丹道密法。

In 1963, Zhang Yuanming was born in what was in antiquity the sacred land of King Yufu of the ancient Shu Kingdom. His father and grandfather trained him in the heart-mind cultivation methods of the Zhang family ancestors. These methods originate from the Han Dynasty Concealed Transcendent Lineage's forefather Zhang Liang, who was the imperial tutor to the emperor. Grandmaster Zhang has been practicing Daoist Medical Taiji, Way of Alchemy, and Zen meditation nonstop every midnight since he was 3 years old. He frequented the sacred mountains of Tibet and Shushan for cultivation in seclusion and encountered Huolong Zhen Ren, the Daoist spiritual masters of Fire Dragon Internal Alchemy. Through these encounters, he was taught and received the secret teachings of the Fire Dragon Way of Alchemy.

1982-1988年跟随中国四川省名老中医武术家于文才临床治疗疑难杂症病人，

From 1982 to 1988, he followed his teacher Yu Wencai to instruct and do treatments on patients with difficult illnesses. Yu Wencai was the President of a TCM hospital in Wenjiang, Sichuan Province and also a famous TCM doctor and Grandmaster of Qigong and Martial Arts.

1988年3月5日，张元明正式出山，独创同时调理千万人身心灵炁场的心易内家功夫儒释道武医圣心法布炁组场能量遥感治病祈福带功报告，三年受益者遍神州内外超过一亿人。

On March 5, 1988, Zhang Yuanming officially opened up to the world and began publicly teaching his methods. He developed a remote energy healing method where he creates a Qi-field that can simultaneously regulate and bless the spirit and health of the 1,000-10,000 participants in his events. He conducted these events for three years and within these three years he has affected around 100 million people from various parts of the world. This form of remote energy healing is based on Xinyi, Confucian, Buddhist and Daoist Medical and Martial heart-mind cultivation techniques.

1989年5月28日，张元明在上海科学会堂对超过1000人进行布炁，千里以外的西安市西北大学科学家进行遥感实验，发表了《张元明气功遥控实验对物质结构的影响》的论文。

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1992年9月9日，张元明在联合国总部讲学、开创名家论坛，成为在联合国总部、斯坦福大学、哈佛大学、康奈尔大学系统讲学、全球巡回传授中华传统武学仙佛医道养生第一人，利益天下。《世界日报》、《斯坦福大学报》、《侨报》、《美国中文电视台》等媒体专题报道。

On September 9, 1992, Zhang Yuanming gave lectures at the United Nations Headquarters. Following this event, he created the U.N. Master's Colloquium and became the first person to go

on a global tour and present a series of lectures in the United Nations Headquarters on Chinese traditional martial arts, oriental medicine, Buddhist and Daoist immortal methods of cultivating health, benefitting many in the world. He has also presented lectures at several universities including Stanford University, Harvard University, and Cornell University. "Chinese Daily News", "Stanford University Campus Report", "Overseas Chinese News", "American Chinese TV" and other media channels conducted special reports.

1993年担任四川华西中西医药研究院终身研究员和国际部主任医师。

In 1993 became a lifelong research Professor, Doctor, and International Department Director at the Huaxi Chinese and Western Medical Research Institute in Sichuan, China.

1994年起, 张元明在美国出版发行《形意五行拳》、《形意十二形》、《武当青城内丹剑法》、《少林禅密刀》、《心易拳功图说秘籍》、《道家太极拳》、《先天太极拳丹道》、《黄帝内经养生心法》等系列拳剑丹道中医和能量艺术养生论文、专著、DVD精选教材300多种。

Since 1994 in the United States, Zhang Yuanming has published more than 300 books, essays, monographs, and selected DVD textbooks on martial arts, traditional Chinese medicine and energy art health preservation, including "Hsin-Yi Five Elements Boxing", "Hsin-Yi 12 Animals", "Wudang Qing Cheng Nei Dan Taiji Sword", "Shaolin Chan-mi Broadsword", "Illustrated Guide to Xingyi Martial Art", "Taoist Taiji Boxing", "Primordial Taiji Quan and Way of Alchemy", "Huang Di Nei Jing Heart-Mind Cultivation Method" and other series.

1994年担任中国华中师范大学兼职教授。

In 1994 became an adjunct professor at Central China Normal University.

1995年出任北京光明中医学院针灸气功系主任、教授。

In 1995, he became the director and professor of the Department of Acupuncture & Qigong of Beijing Guangming College of Traditional Chinese Medicine.

1996年创立美国执业针灸中医师续照必修学分能量医道系列课程,任国际气功医学院院长、教授。

In 1996, he developed a series of continuing education courses on energy medicine for acupuncture and Chinese medicine practitioners in the United States certified by the NCCAOM and California Board of Acupuncture. He is the dean and professor of the International Qigong Medical College.

1998年创办阿坝州恩波藏医药研究所, 任名誉所长及高级研究员。

In 1998 founded Enbo Tibetan Medicine and Herbs Institute in Aba County and became honorary Director and top level researcher.

2000年任波士顿大学东方医学博士生导师。

In 2000, he was a doctoral supervisor to Ph.D students of Oriental Medicine at Boston University.

2005年，张元明创意主导在联合国总部推出华人艺术家第一人，《白庚延中国山水画作品展》并主持《宇宙在手，万化由心》名家论坛。白庚延作品2011年市值破亿，实为中华复兴先行典范。
In 2005, Zhang Yuanming creatively organized at the United Nations Headquarters, an exhibition by a top Chinese artist and arts professor, "Bai Gengyan's Chinese Landscape Painting Exhibition", and hosted the "Universe in Hand, All Changes From the Heart" famous artist forum. The market value of Bai Gengyan's works in 2011 exceeded 100 million yuan, which is indeed a leading example of Chinese renaissance.

2012年，前往加拿大主持第21届世界名家文化艺术研修博览会；
In 2012, he went to Canada to host the 21st World Culture and Art Training Expo with Famous Artists;

2013年11月12日，张元明前往全世界最大的投资银行Morgan Stanley 摩根士丹利在纽约的全球总部，创立世界养生同修大爱投资论坛总能量炁场，张元明的祈福转运正能量直接利益了Morgan Stanley 的股值大增，助其主导马云的阿里巴巴公司于2014年9月在美国上市大获成功。
On November 12th, 2013 Zhang Yuanming went to the world's largest investment bank Morgan Stanley's global headquarters in New York and created the Global Universal Love Co-Cultivation and Investment Forum. Morgan Stanley's stock value greatly increased upon creation of Grandmaster Yuanming Zhang's special energy field to help the company and its leaders. This also helped the Alibaba Company, founded by Jack Ma, to be successfully listed in the United States in September 2014.

从2018年开始，每年主持“美国·联合国总部·《世界之光》颁奖·世界文旅艺术大健康年会暨全球云游研修大赛”，任主席。

Yuanming Zhang is the organizing chairman of the Annual United Nations Headquarters, U.S. "Light in the World" Award and Annual Meeting on World Cultural Travel Arts and Macrobiotic Health & the "Cloud Roaming" Global Itinerant Research Competition which began in 2018.

2019年8月20-22日，张元明前往美国空军学院讲学，主持《纪念中美建交40年、美中友好文化艺术节--世界文化艺术传承名家手稿墨宝文物精品全球巡展首展》。

On August 20-22, 2019, Zhang Yuanming went to the U.S. Air Force Academy to give lectures, organize, and host the "Commemorating the 40th anniversary of the establishment of diplomatic relations between China and the United States, the United States-China Friendship Culture and Art Festival - the first global tour of the World Art and Culture Heritage Preservation of Manuscripts of the Masters, and Calligraphy Relics Cultural Exhibition"

每年春夏秋冬，张元明在美国、加拿大、欧洲、日本、台湾等地举行世界文旅大健康联盟领袖名家研修会暨大健康全球行。

Every season Grandmaster Yuanming Zhang holds the World Cultural Tourism & Macro Health Alliance Masters Seminar event and conducts Culture & Health tours in the United States, Canada, Europe, Japan, Taiwan and other countries.

【张元明现任主要职务】：

Yuanming Zhang - Current Positions

纽约州立大学布法罗大学中国学中心国际办主任、中华国学特约教授,
Buffalo State, The State University of New York, Center for China Studies Director of
International Affairs Office, Special Professor of Chinese Studies
美国联邦政府世界公益组织---联合国总部名家论坛主席
United Nations Masters Colloquium, A Nonprofit Corporation

世界文旅大健康联盟主席
World Macrohealth Alliance for Cultural Travel Chairman

世界养生学会主席、
World Yangsheng Association Chairman

联合国总部能量场研修会主席、
United Nations Energy Field Research Association Chairman

五艺学院院长
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